

# Groveport Cultural Arts Center

## February 2019 - Adult Programs

Call 614.836.3333 for more Information & Registration

### Line Dancing

**Mons. and Weds. from 10:00am - 11:30am**

All skill levels and ages are invited. Drop in. Please wear shoes with leather soles or socks. Free. Town Hall.

### TOPS Weight Loss Support Group

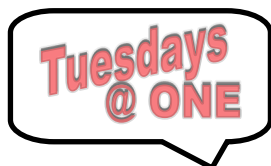
**Wednesdays at 9:30am**

Weight management class. Drop in. Town Hall.

### The Art of Movement Foundations

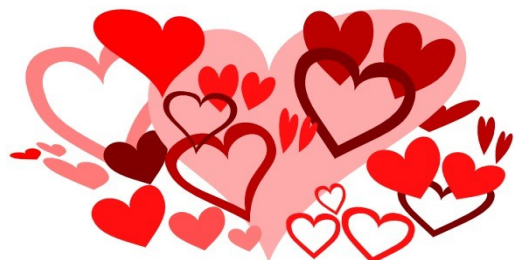
**Thursdays from 6:30pm - 8:00pm**

The Art of Movement Foundations combines the East and West intuitive dance practices to help you add energy and relieve stress. Drop in. \$4 residents and \$5 for nonresidents. Ages 16+. Town Hall.



- February 5:** Love Me Tender Valentine
- February 12:** Valentine Day Heart Art
- February 19:** Season Tree Part 1
- February 26:** Season Tree Part 2

*FREE. Space is limited. Supplies are included. Registration deadline 2 days before class dates. Held at Town Hall unless stated otherwise. 1pm-2pm.*



### Cook's Corner

**Friday, February 1 from 10:00am - 11:00am**

**Lo Mein / Chow Mein Noodles**

Cooking program on the first Friday of each month. Join the fun and be a part of the demonstrations that include hands-on cooking, discussions, experiencing new foods and learning new skills. Register by January 30. Free. Adult (child friendly). Held at Groveport Town Hall.

### Quilting-Easter Wall Hanging / Table Runner

**4 week series starting Tuesday,  
February 5, 12, 19 & 26**

Have you ever wanted to learn how to quilt? Well here's your chance! You do not need to have any quilting experience. Instructor will teach each step. At Town Hall from 6:00pm-8:00pm. \$15 residents / \$17 nonresidents. Sewing machine is required. Register, pay and get the supply list by February 1.



**February Art Gallery  
Artist: Edmund Boateng**

